

Remembrance of  
My First  
Holy Communion





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of My First  
Holy Communion



My name is

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I received Jesus for the first time  
in Holy Communion on

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in the Church of

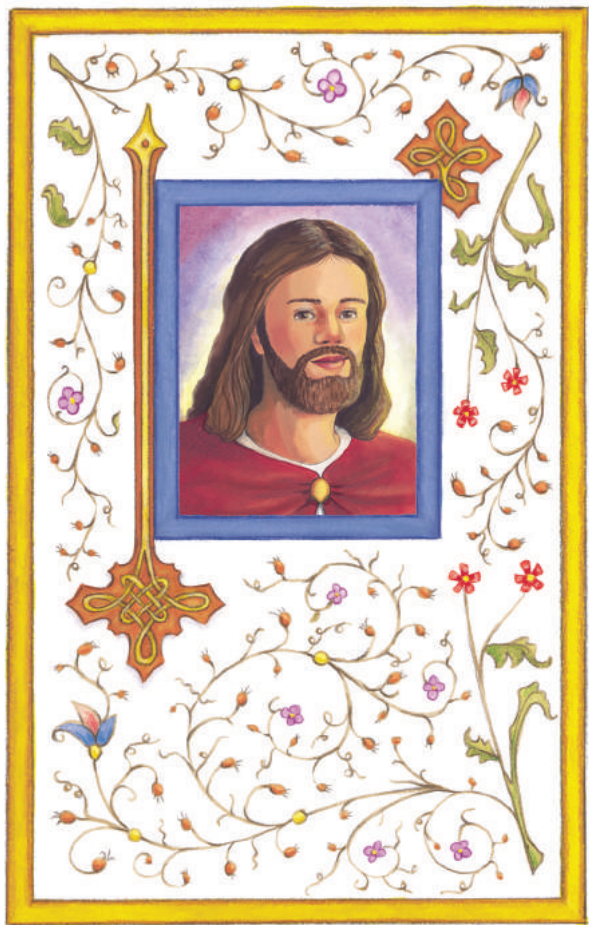
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Father

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celebrated the Mass.

Thank you, Jesus,  
for the wonderful gift  
of your Body and Blood!



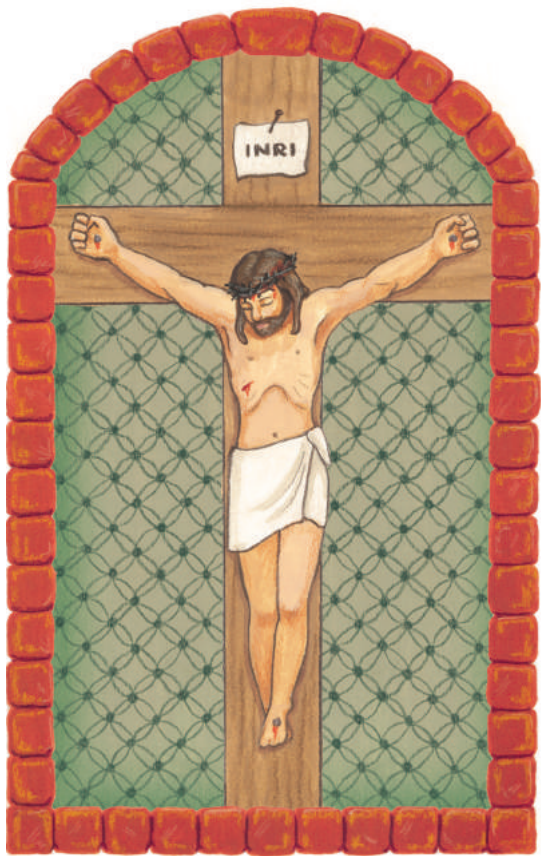
# I Pray with esus

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BOOKS & MEDIA  
Boston





## Prayer Before a Crucifix

Look down upon me,  
good and gentle Jesus, while  
I kneel before you. I ask you  
to give me faith, hope, and  
love, true sorrow for my sins,  
and the desire to please you  
more and more. I look with  
great love and sorrow at your  
five wounds. And I remem-  
ber the words which David  
your prophet said of you, my  
Jesus: "They have pierced my  
hands and my feet; they have  
counted all my bones."



## Morning Prayers

*I am awake now, Jesus. Thank you for this new day! I begin my prayers:*

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

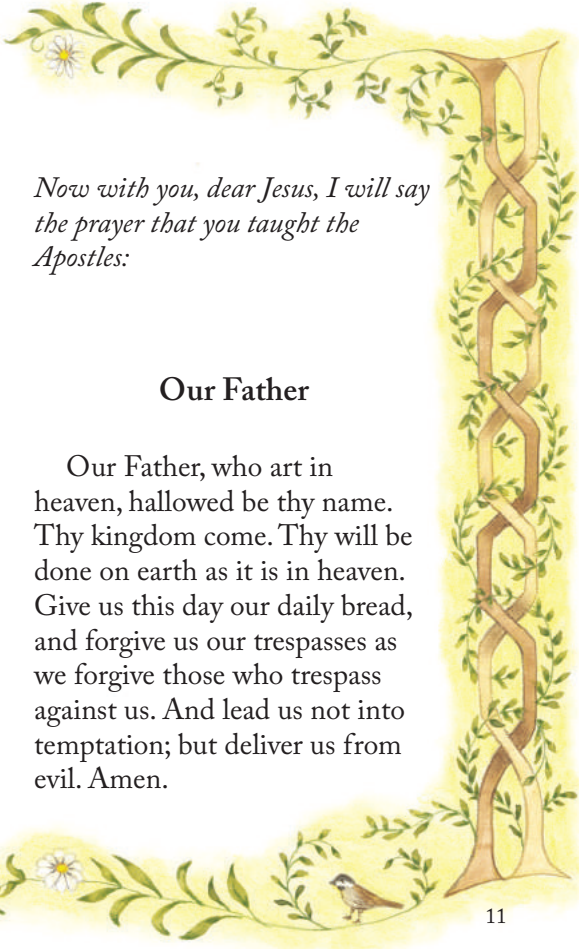
I adore you, my God. I love you with all my heart. Thank you for having created me and made me a Christian. Thank you for having kept me safe this night.

Today I want to please you, Lord. I want to be all yours.

Keep me from sin, Jesus.

Bless my father and my mother. Bless everyone in my family. Bless all my friends. Amen.





*Now with you, dear Jesus, I will say  
the prayer that you taught the  
Apostles:*

## Our Father

Our Father, who art in  
heaven, hallowed be thy name.  
Thy kingdom come. Thy will be  
done on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses as  
we forgive those who trespass  
against us. And lead us not into  
temptation; but deliver us from  
evil. Amen.

*"Hail Mary, full of grace!"*



*Jesus, your Mother is also beside me. I greet her with the words of the Angel Gabriel:*

## Hail Mary

Hail, Mary, full of grace, the Lord is with you. Blessed are you among women and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## Glory

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

*Dear Jesus, I thank you for giving me an angel who watches over me and guards me from dangers.*

## Angel of God

Angel of God, my guardian dear,  
to whom God's love entrusts me here;  
ever this day, be at my side, to light and  
guard, to rule and guide. Amen.



*Jesus, please hear my prayer for people who have died and who may be in purgatory:*

## Eternal Rest

Eternal rest grant to them, O Lord,  
and let perpetual light shine upon them.  
May they rest in peace. Amen.

*Dear Jesus, I have one more greeting to  
Mary, your mother and mine, and then I  
am ready to start my day:*

## Hail, Holy Queen

Hail, holy Queen, Mother of Mercy,  
our life, our sweetness, and our hope.  
To you do we cry, poor banished chil-  
dren of Eve; to you do we send up our  
sighs, mourning and weeping in this  
valley of tears. Turn then, most gracious  
advocate, your eyes of mercy toward us,  
and after this our exile, show unto us  
the blessed fruit of your womb, Jesus.  
O clement, O loving,  
O sweet Virgin Mary.

