

the  
**KID'S**  
BOOK of  
**PRAYERS**  
••• ABOUT •••  
**ALL SORTS**  
OF **THINGS**

BY Elizabeth Heller  
& David Heller, Ph.D.





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... ABOUT ...  
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OF THINGS

Second Edition

BY Elizabeth Heller  
& David Heller, Ph.D.

  
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Prayers contributed by Vanessa Reese: On Being Different, On Resisting Cheating, Study Prayer, and Prayer before a Test

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To the Light of Our Lives,  
Our Son,  
Jared Heller







This book belongs to

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# Contents



Introduction .....	1
<b>Chapter 1 Prayers of Thankfulness</b> .....	4
A Prayer about My Family .....	6
Dealing with Divorce .....	8
A Prayer about a New Sibling .....	10
Gratitude for a Helpful Teacher .....	12
A Prayer about a Good Friend .....	14
Thankfulness for the Earth .....	16
Offering before a Meal .....	18
The Quiet Time Prayer .....	20
A Prayer about Good Health .....	22
Having Food, Clothing, and Shelter .....	24
<b>Chapter 2 Prayers about Everyday Feelings</b> .....	26
Laughter .....	28
When You Feel Afraid .....	30
Happiness .....	32
Feeling Sad .....	34
On Love .....	36
On Being Angry .....	38
On Finding Courage .....	40
Feeling Silly .....	42
About Loneliness .....	44
Sharing .....	46
On Being Different .....	48
On Resisting Cheating .....	50







<b>Chapter 3 Prayers Asking God for Help</b> .....	52
On Misbehavior at Home .....	54
When You're Having a Hard Day .....	56
A Prayer about the First Day of School .....	58
Help with Homework .....	60
Trouble with Other Kids at School .....	62
Feeling for Others .....	64
Listening to Teachers and Other Adults .....	66
Making New Friends .....	68
Getting Along with All Kinds of People .....	70
Being Honest .....	72
When You're Confused about God .....	74
Study Prayer .....	76
Prayer before a Test .....	78



### **Chapter 4 Prayers about Things That Happen**

<b>In Our World</b> .....	80
A Prayer for the Homeless .....	82
A Prayer about Schools and Learning .....	84
The Issue of Drug Addiction .....	86
Prejudice .....	88
On the Environment .....	90
About Crime .....	92
A Prayer for Our National Leaders .....	94



<b>Chapter 5 Prayers about All Kinds of Things</b> .....	96
Helping with Solving a Problem .....	98
On Judging Other People .....	100



Asking for Forgiveness . . . . .	102
When You Make a Mistake . . . . .	104
A Get Well Wish for Someone You Love . . . . .	106
When a Grandparent Dies . . . . .	108
A Graduation Prayer . . . . .	110
A Prayer for a Safe Journey or Vacation . . . . .	112
Love for a Pet . . . . .	114
When a Pet Dies . . . . .	116
For Religious Leaders in My Life . . . . .	118
About Playing Sports . . . . .	120
About the Bible . . . . .	122
<b>Chapter 6 Prayers about Holidays and Special Times . . . . .</b>	<b>124</b>
A Birthday Prayer . . . . .	126
A Prayer for the New Year . . . . .	128
A Prayer for Justice . . . . .	130
For Valentine's Day . . . . .	132
An Easter/Springtime Prayer . . . . .	134
About Independence Day . . . . .	136
Halloween . . . . .	138
A Prayer for Veterans Day . . . . .	140
A Prayer for Thanksgiving . . . . .	142
A Christmas Prayer . . . . .	144
<b>About the Authors . . . . .</b>	<b>146</b>
<b>A Note to Parents and Teachers . . . . .</b>	<b>147</b>





# Introduction

God is always there to listen to us and to help us. But sometimes we may not be sure of the best way to share our thoughts and feelings with God. Praying is a wonderful way to talk to God. And the best thing about prayer is that there are all kinds of ways to pray.

This is a book that will help you explore different ways to pray about all different subjects. The fun part is that there is no right or wrong way to pray. All you need is a sincere heart and your imagination and your belief in God.

As you go through the pages of this book, you will find prayers about things like playing sports or having a best friend. There are prayers about holidays like Christmas and Halloween. You'll also find prayers about the environment and social problems like drugs and homelessness.

Following each prayer is either a suggestion to help you write your own prayer or an activity related to the particular topic. You can try this suggestion or make up your own way of praying about the subject. You may want to get ideas from your teacher or parents as well.



Sometimes where you pray can be important. Maybe you are most comfortable at church, or in your room or outside under a favorite tree. Or maybe you like to pray in the kitchen while dinner is being prepared. Some people like to choose a special place they call “a prayer corner.” You can turn any quiet place, where you won’t be bothered much, into a prayer corner. Spending time in this special place can give you a chance to think about things that are important to you. You can choose to pray wherever you are most comfortable.

*The Kids’ Book of Prayers about All Sorts of Things* is a fun way to talk to God. Prayer is a wonderful way to communicate your feelings and thoughts to God and to get to know God better and better. As it says in the Bible: “Whatever you ask for in prayer with faith, you will receive” (Matthew 21:22).

Elizabeth Heller, Brookline, MA

David Heller, Brookline, MA







# CHAPTER 1

## PRAYERS OF THANKFULNESS

4





“I give you thanks,  
O LORD, with my  
whole heart”  
(Psalm 138:1)



# A Prayer about My Family



**Dear God,**

Thank you for my family and all the love they give me every day.

I am grateful for how they keep me safe, take care of all the things I need, and how they teach me to be a good person.

I know how blessed I am to talk and laugh with them and to do fun things together.

And I am especially grateful for how they help me understand the world and even myself.

Please take care of my family and make them strong and loving always.





## Dealing with Divorce

**I am asking for some special help, God.**

As you know, my parents are divorced.

This is pretty hard on me,  
and it's hard on my parents  
sometimes, too.

Could you look after us  
with a little extra care?

Make sure we aren't lonely  
and that we remember that we are still  
a family, even if it's a different kind  
of family.

Help me not to feel jealous of some  
of the other kids because their parents  
are still married.

**Amen.**

If your parents are divorced, what special circumstances does that create for you? What is unique about your family life? What are the good things and some of the difficult things about your new situation? Now write to God about your family life and ask for the things you need to strengthen you.

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Put a photo of yourself with your family here.





## A Prayer about a New Sibling

**Dear God,**

thank you for the new member  
of our family!

Please help me to understand  
that this change in our lives  
takes time to adjust to.

Sometimes it is hard when  
I don't get the attention I want  
because my sibling needs something.

Help me to be patient  
and to be a good role model for my sibling  
and to be a good helper when it's needed.

Help me to remember that love  
grows and grows and is never limited.

Make a list of things you enjoy about having a new sibling. Draw a picture of yourself helping your new sibling in some way. Write a few words about how helping in this way makes you feel.

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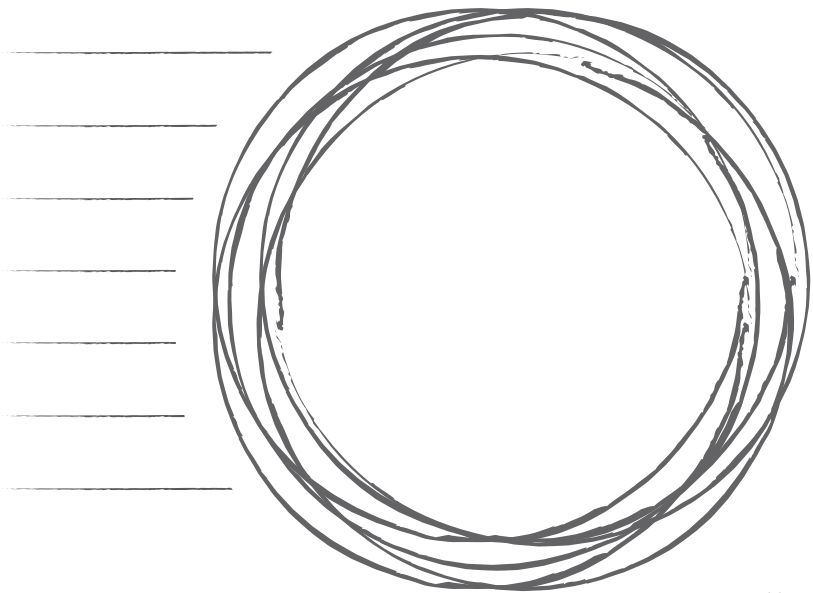
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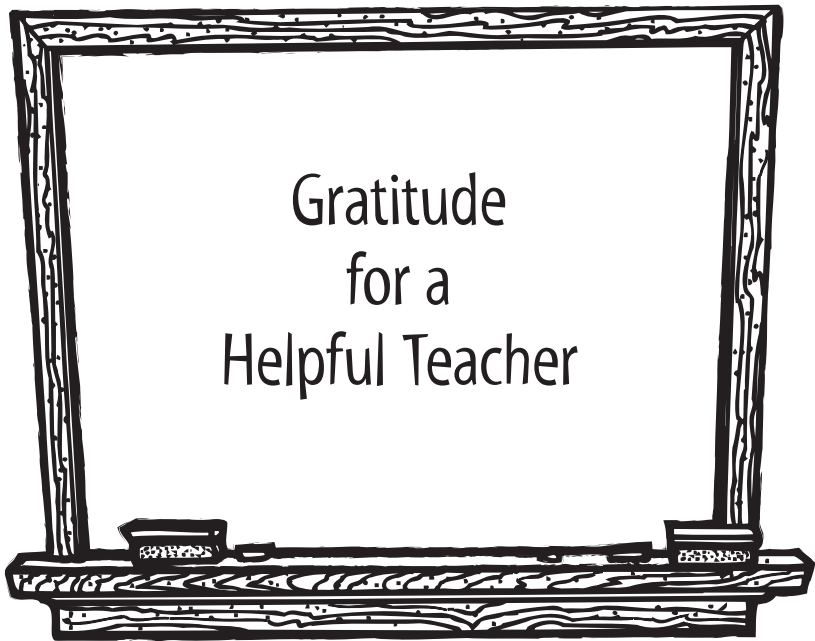
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God, thank you for my teacher.

It is very nice to have someone  
who helps me with my schoolwork  
and makes learning fun.

I know my teacher cares about me,  
even when I get in trouble  
for not paying attention.

Plus, my teacher never makes me feel silly  
for asking a question.

Thank you so much, God,  
for my wonderful teacher.

